

# [Book] Carl Rogers On Person Centered Therapy

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**Client-centered Therapy**-Carl R. Rogers 2003-07 Presenting the non-directive and related points of view in counselling and therapy, Rogers gives a clear exposition of procedures by which individuals who are being counselled may be assisted in achieving for themselves new and more effective personality adjustments.

**The Person-Centered Approach**-Douglas W. Bower 2000-11-01 For nearly 50 years the approach of Carl Rogers and his colleagues has been used to help others in counseling, psychotherapy, and education. This project takes that work into the realms of Religion, Politics, Alcohol treatment, Incest, Mental Disabilities, Sandtray therapy, Philosophy, and Person-Centered history & theory.

**A Person-Centered Approach and the Rogerian Tradition**-Adam Quinn 2015-01-02 From the Book: "it is hypothesized that the therapist wants to understand for no other reason but to understand. If the therapist is motivated to understand solely to be a change agent for the client, then the facilitative mechanisms may not be sufficient because a tendency toward unconditional acceptance will not effectively emerge." "the published literature in the 1970s suggests that person-centered therapy (PCT) researchers, rather than pursuing novel avenues of empirical inquiry, devoted substantial time in defending PCT against - what now appear to be - unfounded claims made by a group of social scientists who held significant professional interest in seeing through the dismantling of the person-centered approach." Book Summary: This book is about a person-centered approach to counseling and psychotherapy as developed by the psychologist Carl Rogers (1902-1987) and his colleagues. In addition, this book is also intended to be a handbook on the person-centered approach and the Rogerian tradition for use in academic and non-academic settings alike. Each chapter is briefly summarized below. Chapter 1 ("A Person-Centered Approach and the Structure of Scientific Revolutions") examines the trend of scientific inquiry in psychotherapy research, specifically focusing on events and changes that took place beginning in the 1970s and are argued to have substantially influenced the direction of psychotherapy research in the following decades. In particular, these changes are suggested to have been guided by the choices made by a small but influential group of behavior and psychoanalytic-oriented researchers, which arguably led to changes in the scientific methods used to investigate the effectiveness of psychotherapeutic treatments; and, as will be shown in this chapter, led to the decline and disappearance of Carl Rogers's person-centered approach. This chapter suggests that through a method of allegiance-guided scientific inquiry, the Rogerian tradition was systematically dismantled by a group of social scientists that held considerable professional interests to do so. Chapter 2 ("A Person-Centered Approach to Multicultural Counseling Competence") examines current and historical trends in psychotherapy research and practice with racial/ethnic minority populations. Using psychotherapy evidence from both the latter half of the 20th century and the initial decades of the 21st century, cultural adaptations to previously hypothesized person-centered therapy mechanisms of change are proposed. Chapter 3 ("A Person-Centered Approach to the Treatment of Borderline Personality Disorder") addresses psychotherapy with a person described as possessing a borderline personality disorder (BPD). In particular, a selection of mainstream approaches is reviewed to examine unique and universal aspects of current thinking about this treatment population. Following this review, an expanded analysis of person-centered therapy is offered, examining current research evidence and the mechanisms of change hypothesized to occur in the person-centered treatment of BPD. Chapter 4 ("A Person-Centered Approach to the Treatment of Combat Veterans with Posttraumatic Stress Disorder") examines posttraumatic stress disorder through the lens of military combat trauma that results in a breakdown of a combat veteran's sense of

self and the world. In the effective treatment of combat-related posttraumatic stress disorder, a therapist must help the veteran reorganize the self-structure that has become incongruent with his or her precombat-trauma self following his or her return home from war. For the therapist to facilitate a veteran's becoming whole, he or she must be genuinely congruent in the relationship.

**Significant Aspects of Client-Centered Therapy**-Carl Rogers 2013-03-14 Psychology Classics: Significant Aspects of Client-Centered Therapy Widely regarded as one of the most influential psychologists of all time, Carl Rogers was a towering figure within the humanistic movement towards person centered theory and non-directive psychotherapy. Originally published in 1946 his classic article Significant Aspects of Client-Centered Therapy is essential reading for anybody interested in psychotherapy and counseling. In this landmark publication Carl Rogers outlines the origins of client-centered therapy, the process of client-centered therapy, the discovery and capacity of the client and the client-centered nature of the therapeutic relationship. Bonus Material: Significant Aspects of Client-Centered Therapy builds upon some of Carl Rogers' previously published work. Among the most notable of these earlier works were The Processes of Therapy and The Development of Insight in A Counseling Relationship; both of which are also presented in full. Significant Aspects of Client-Centered Therapy has been produced as part of an initiative by the website All About Psychology to make important psychology publications widely available. [www.all-about-psychology.com](http://www.all-about-psychology.com)

**The Person-Centred Approach to Therapeutic Change**-Michael McMillan 2004-03-05 From the Foreword `It is an honour to be asked to write a foreword for this new book by Michael McMillan. I have been excited about this book ever since I read early drafts of its first two chapters some time ago at the birth of the project. At different times thereafter I have read other parts and my consistent impression has been that this is an author who has both a sophisticated academic understanding of the material and a great skill in communicating that widely. Those two qualities do not often go together! The book is about change. After a first chapter in which the author introduces us to the person-centred concept of the person, chapter two is devoted to the change process within the client, including a very accessible description of Rogers' process model. Chapter three goes on to explore why and how change occurs in the human being, while chapter four introduces the most up-to-date person-centred theory in relation to the nature of the self concept and its changing process. Chapters five and six explore why change occurs in therapy and the conditions that facilitate that change, while chapter seven looks beyond the core conditions to focus on the particular quality of presence, begging the question as to whether this is a transpersonal/transcendental quality or an intense experiencing of the core conditions themselves. This is an intensely modern book particularly in its postmodern emphasis. Rogers is sometimes characterised as coming from modernist times but he can also be seen as one of the early post modernists in his emphasis on process more than outcome and relationship more than personal striving. The modern nature of the book is also emphasised by a superb analysis of the relationship between focussing and person-centred therapy in Chapter five, linking also with Polanyi's notion of indwelling in this and other chapters. In suggesting that in both focussing and person-centred therapy the therapist is inviting the client to 'indwell' himself or herself, the author provides a framework for considering many modern perceptions of the approach including notions such as 'presence' and 'relational depth'. Also, the link with focussing is modern in the sense that the present World Association for the approach covers a fairly broad family including traditional person-centred therapists, experiential therapists, focussing-oriented therapists and process-guiding therapists. Important in this development is the kind of dialogue encouraged by the present book' - Dave Mearns, Strathclyde University The belief that change occurs during the therapeutic process is central to all counselling and psychotherapy. The Person-Centred Approach to Therapeutic

Change examines how change can be facilitated by the counsellor offering empathy, unconditional positive regard and congruence. The Person-Centred Approach to Therapeutic Change outlines the main theoretical cornerstones of the person-centred approach and then, applying these, describes why change occurs as a result of a person-centred therapeutic encounter. The author explores the counselling relationship as an environment in which clients can open themselves up to experiences they have previously found difficult to acknowledge and to move forward. Integral to the person-centred approach is Carl Rogers' radical view that change should be seen as an ongoing process rather than an alteration from one fixed state to another. In Rogers' view psychological health is best achieved by the person who is able to remain in a state of continual change. Such a person is open to all experiences and is therefore able to assimilate and adapt to new experiences, whether 'good' or 'bad'. By focusing explicitly on how change is theorized and facilitated in counselling, this book goes to the heart of person-centred theory and practice, making it essential reading for trainees and practitioners alike.

**On Becoming a Teacher**-Edmund M. Kearney 2013-11-19 Students deserve great teachers and learning to become a great teacher is a lifelong journey. On Becoming a Teacher guides both the new and experienced teacher through the exhilarating process of learning to educate students in a way that makes a lasting impact on their lives. Dr. Kearney leads the reader through the process of understanding what lies at the foundation of great teaching, loading each essay with ready-for-classroom use applications and challenging ideas. This book is designed to encourage the reader to think deeply about all aspects of education, while instilling, or rekindling, the excitement, enthusiasm, and teaching excellence shared by all great teachers. Written in conversational essay form and supplemented with discussion and reflection questions, this brief book would make an ideal classroom text for student teaching and education seminars. Whether you aspire to teaching excellence at the elementary school, middle school, high school, or collegiate level, On Becoming a Teacher is a must read. Author Bio: Edmund M. Kearney, Ph.D. is Professor of Psychology at Lewis University. Dr. Kearney has won numerous teaching awards over the past 20 years, including being named the "Teacher of the Year" at the Chicago School of Professional Psychology, the Lasallian Educator of the Year for teaching excellence at Lewis University, and the St. Miguel Febres Cordero Award winner for excellence in scholarship at Lewis University. Dr. Kearney's specialty areas in psychology include cognition, special education, child and adolescent assessment, and the scholarship of teaching and learning.

**Person-Centred Therapy**-Paul Wilkins 2009-09-14 Person-centred therapy, based on the ideas of the eminent psychotherapist Carl Rogers, is widely practised in the UK and throughout the world. It has applications in health and social care, the voluntary sector and is increasingly relevant to work with people who are severely mentally and emotionally distressed. This book offers a comprehensive overview and presents the core theories, advances and practices of the approach in a concise, accessible form. Person-Centred Therapy: 100 Key Points begins with a consideration of the principles and philosophy underpinning person-centred therapy before moving to a comprehensive discussion of the classic theory upon which practice is based. Further areas of discussion include: the model of the person, including the origins of mental and emotional distress the process of constructive change a review of revisions and advances in person-centred theory child development, styles of processing and configurations of self the quality of presence and working at relational depth. Finally criticisms of the approach are addressed and rebutted, leading readers to the wider person-centred literature. As such this book will be particularly useful to students and scholars of person-centred therapy, as well as anyone who wants to know more about one of the major therapeutic modalities.

**Carl Rogers on Person-centered Therapy**- 2014 Don't miss this rare opportunity to get up close and personal with the man named the single most influential psychotherapist of the past quarter-century. In this historic interview with Carl Rogers, filmed just two years before he passed away, the founder of the person-centered approach reflects on his major contributions and explores his provocative opinions on a wide range of topics including therapy, education, and social change. With thoughtfulness, authenticity, and humility, Rogers shares himself in such a way that viewers really get a sense of who he is as a person, as he discusses a range of topics, from how his early upbringing influenced the development of his person-centered approach to his peace-building work with Protestants and Catholics in Northern Ireland. Throughout the interview, his way of being--which is the heart of his approach--shines through, revealing a man who passionately believes in the goodness of human nature and cares deeply about contributing to a better world. This video also features an original interview with

Carl's daughter, Dr. Natalie Rogers, who sits down with Victor Yalom and offers her unique reflections and perspectives on her father's life and work. By watching this video, you will: understand the philosophical stance behind the person-centered approach; learn Rogers's core conditions necessary to bring about change in psychotherapy; identify Rogers's key contributions to psychology and psychotherapy. Keywords: humanistic, Rogerian, empathy, authentic, authenticity, counseling, client-centered, nondirective, interview, Counseling, Counselling, Social Work, Social Worker, Therapy, Psychotherapy, Psychotherapy.net, Therapist.--Supplied by publisher.

**Person-Centred Counselling in a Nutshell**-Roger Casemore 2011-03-04 Person-Centred Counselling in a Nutshell is a short, accessible guide to one of the most popular approaches to counselling. Using examples drawn from practice, Roger Casemore outlines, in a clear, jargon-free style, the main principles of the person-centred approach, using the core therapeutic conditions: - congruence - unconditional regard - empathy This revised and updated second edition includes new material on professional issues, on the use of person-centred counselling in short-term therapy, and on the wider application of the person-centred approach in other settings. Providing a concise introduction to the theory and practice of person-centred counselling, Person-Centred Counselling in a Nutshell is the ideal place to start for anyone reading about the approach for the first time. Roger Casemore is Senior Teaching Fellow and Director of Counselling courses at University of Warwick

**Carl Rogers' Person-Centered Approach**-John K. Wood 2008

**Person-Centred Therapy**-Campbell Purton 2004-10-29 Since its beginnings in the 1950s, the person-centred approach to therapy has developed in many ways. In this important new text, Campbell Purton introduces the 'focusing' approach of Eugene Gendlin. The book discussed Gendlin's theoretical innovations and their implications for clinical practice. It throws light on the relationship between the various schools of therapy, and on the relationship between therapy and such areas as ethics and spirituality. It will be essential reading for students and practitioners of person-centred therapy.

**Person-centred and Experiential Therapies**-Paul Wilkins 2015-11-12 An essential new guide for any person-centred trainee or practitioner, this book explores some of the key contemporary counselling and psychotherapy approaches that have developed from classical client-centred therapy. Part One discusses five approaches including Classic Client-Centred Therapy; Relational and Dialogical Person-Centred Therapy; Focusing-Oriented Therapy; Experiential Therapy; Emotion Focussed Therapy and Person-Centred Expressive therapy. Each approach is introduced, considered in terms of its history, development, current context and relevant research, as well as exemplified through a range of inspiring vignettes. Part Two brings readers up-to-date with recent developments in the application of person-centred practice, including creative approaches, transcultural counselling, work with people who've experienced trauma as well as those who are experiencing limitations to their ability. Written by leading UK-based and international authors, this authoritative and thought-provoking book is a must read for anyone keen to understand the many approaches of person-centred therapy.

**Person-Centred Therapy**-Paul Wilkins 2015-12-14 Person-centred therapy, rooted in the experience and ideas of the eminent psychotherapist Carl Rogers, is widely practised in the UK and throughout the world. It has applications in health and social care, the voluntary sector and is relevant to work with people who are severely mentally and emotionally distressed. As well as being a valuable sourcebook and offering a comprehensive overview, this edition includes updated references and a new section on recent developments and advances. The book begins with a consideration of the principles and philosophy underpinning person-centred therapy before moving to a comprehensive discussion of the classical theory upon which practice is based. Further areas of discussion include: The model of the person, including the origins of mental and emotional distress The process of constructive change A review of revisions of and additions to person-centred theory Child development, styles of processing and configurations of self The quality of presence and working at relational depth Criticisms of the approach are addressed and rebutted and the application of theory to practice is discussed. The new final section is concerned with advances and developments in theory and practice including: Counselling for Depression The

Social Dimension to Person-Centred Therapy Person-Centred Practice with People experiencing Severe and Enduring Distress and at the 'Difficult Edge' A Review of Research Throughout the book, attention is drawn to the wider person-centred literature to which it is a valuable key. Person-Centred Therapy will be of particular use to students, scholars and practitioners of person-centred therapy as well as to anyone who wants to know more about one of the major psychotherapeutic modalities.

**The Effective Teacher**-John Elliott-Kemp 1982

**The Wiley Encyclopedia of Personality and Individual Differences, Models and Theories**- 2020-11-04  
Volume 1, Models and Theories of The Wiley Encyclopedia of Personality and Individual Differences The Encyclopedia of Personality and Individual Differences (EPID) is organized into four volumes that look at the many likenesses and differences between individuals. Each of these four volumes focuses on a major content area in the study of personality psychology and individuals' differences. The first volume, Models and Theories, surveys the significant classic and contemporary viewpoints, perspectives, models, and theoretical approaches to the study of personality and individuals' differences (PID). The second volume on Measurement and Assessment examines key classic and modern methods and techniques of assessment in the study of PID. Volume III, titled Personality Processes and Individuals Differences, covers the important traditional and current dimensions, constructs, and traits in the study of PID. The final volume discusses three major categories: clinical contributions, applied research, and cross-cultural considerations, and touches on topics such as culture and identity, multicultural identities, cross-cultural examinations of trait structures and personality processes, and more. Each volume contains approximately 100 entries on personality and individual differences written by a diverse international panel of leading psychologists Covers significant classic and contemporary personality psychology models and theories, measurement and assessment techniques, personality processes and individuals differences, and research Provides a comprehensive and in-depth overview of the field of personality psychology The Encyclopedia of Personality and Individual Differences is an important resource for all psychology students and professionals engaging in the study and research of personality.

**Carl Rogers' Helping System**-Godfrey T Barrett-Lennard 1998-11-20 `This book is a monumental achievement, and person-centred practitioners will be indebted to Goff Barrett-Lennard for many years to come. He has written no only a definitive study of the history of person-centred approach - what he calls a report of the "evolutionary course of a human science" - but also an accompanying commentary which is unfailingly enlightening, sometimes provocative and occasional lyrical' - Brian Thorne, Emeritus Professor of Counselling, University of East Anglia and Co-Founder, Norwich Centre `I highly recommend this book as a reference source of major import, as bibliography, as history as art, and as a complex discussion of questions that plague the person-centred practitioner and the client-centred therapist' - The Person-Centered Journal `If you only ever buy one book about the Person-Centred Approach, other than those written by Rogers himself, this is the one. It is a staggering achievement by one of the most knowledgeable writers in the field' - PCP Reviews `This book is a gem, and should have wide appeal. It is an excellent introduction to person-centred psychology, written in accessible style, and it takes the reader beyond the simplicity often confused with naivety Goff Barrett-Lennard reveals a sophisticated complexity that challenges us to view the "person" with fresh eyes and an open mind' - Tony Merry, University of East London `I strongly recommend this book as a sophisticated treatment of the client-or person-centred approach to therapy and its applications to areas outside therapy. It is also a useful overview of research on all aspects of person-centred ideas' - Psychotherapy Research `This book... is not a single "meal" in itself but a positive "larder" containing every imaginable staple food and condiment all exquisitely and thoroughly researched. The book took Godfrey T Barrett-Lennard 20 years to write and it will stand as a reference text for person-centred specialists for longer than that... an essential reference text... and a pantry full of delicious surprises' - Counselling and Psychotherapy, The Journal of the British Association for Counselling and Psychotherapy `Probably the most important piece of work on the person-centred approach to have emerged in recent years... an essential source of reference for anyone with a serious interest in the person-centred approach' - Counselling News Written by an ex-student and long-time colleague of Carl Rogers, this in-depth and challenging book charts the development of person-centred therapy from its origins through to the present day. Godfrey T Barrett-Lennard traces the central concepts and key figures within the movement, set against the contemporary historical, social and political context. As an integrated overview of the person-centred approach, Carl Rogers'

Helping System presents a wealth of fascinating ideas and information which is linked to a fresh, incisive account of the unfolding theory, process and research.

**A Way of Being**-Carl Ransom Rogers 1995 Written by the founder of humanistic psychology, Rogers traces his personal and professional life from the 1960s to the 1980s, and offers new insights into client-centered therapy.

**On Becoming a Person**-Carl Rogers 2012-07-20 The late Carl Rogers, founder of the humanistic psychology movement, revolutionized psychotherapy with his concept of "client-centered therapy." His influence has spanned decades, but that influence has become so much a part of mainstream psychology that the ingenious nature of his work has almost been forgotten. A new introduction by Peter Kramer sheds light on the significance of Dr. Rogers's work today. New discoveries in the field of psychopharmacology, especially that of the antidepressant Prozac, have spawned a quick-fix drug revolution that has obscured the psychotherapeutic relationship. As the pendulum slowly swings back toward an appreciation of the therapeutic encounter, Dr. Rogers's "client-centered therapy" becomes particularly timely and important.

**Understanding Person-Centred Counselling**-Christine Brown 2014-12-22 This book provides a key introduction to the theory, concepts and practice of the person-centred approach, through the lens of the practitioner's experience and personal development. Writing as someone who has been through real life challenges and has developed and learned as a result, the author's strikingly personal style not only helps to contextualise complex and nuanced theory, but makes this a truly unique book about real person-centred practice and experience. From Roger's early philosophy through to the current developments and controversies in the field, the author uses personal testimonies, exercises and reflection points to make challenging concepts and practice issues accessible for the novice reader. What results is an informative and fascinating read for all those training and interested in the person-centred approach.

**50 Psychology Classics**-Tom Butler-Bowdon 2010-12-07 Explore the key wisdom and figures of psychology's development over 50 books, hundreds of ideas, and a century of time.

**What Doesn't Kill Us**-Stephen Joseph 2011-11-01 Surviving a traumatic experience is difficult and takes time to move on from, but this book makes the argument that with proper care and understanding, survivors can grow and reshape their lives in a positive way. For the past twenty years, pioneering psychologist Stephen Joseph has worked with survivors of trauma. His studies have yielded a startling discovery: that a wide range of traumatic events-from illness, divorce, separation, assault, and bereavement to accidents, natural disasters, and terrorism-can act as catalysts for positive change. Boldly challenging the conventional wisdom about trauma and its aftermath, Joseph demonstrates that rather than ruining one's life, a traumatic event can actually improve it. Drawing on the wisdom of ancient philosophers, the insights of evolutionary biologists, and the optimism of positive psychologists, What Doesn't Kill Us reveals how all of us can navigate change and adversity- traumatic or otherwise-to find new meaning, purpose, and direction in life.

**On Becoming a Person**-Carl R. Rogers 1996 The late Carl Rogers, founder of the humanistic psychology movement, revolutionized psychotherapy with his concept of "client-centered therapy." His influence has spanned decades, but that influence has become so much a part of mainstream psychology that the ingenious nature of his work has almost been forgotten. A new introduction by Peter Kramer sheds light on the significance of Dr. Rogers's work today. New discoveries in the field of psychopharmacology, especially that of the antidepressant Prozac, have spawned a quick-fix drug revolution that has obscured the psychotherapeutic relationship. As the pendulum slowly swings back toward an appreciation of the therapeutic encounter, Dr. Rogers's "client-centered therapy" becomes particularly timely and important.

**Person-centered Psychotherapies**-David J. Cain 2010 In Person-Centered Psychotherapies, David J. Cain

discusses the history, theory, research and practice of this seminal approach whose basic premises have influenced the practice of most therapeutic systems. Person-centered therapy, also called client-centered therapy, was created by Carl Rogers almost 70 years ago. In polls of psychotherapists conducted in 1982 and 2007, Carl Rogers was voted the most influential psychotherapist in history. His original approach gave rise to a number of variations on the original, all of which may be classified as person-centered psychotherapies because of their basis in Rogers' core therapeutic conditions of empathy, unconditional positive regard, and congruence. This model emphasizes the client - therapist relationship, focusing on how the quality of moment-to-moment engagement between therapist and client can create optimal conditions for client growth. Person-centered therapies view clients as resourceful persons capable finding their own directions and solutions for their problems, and a fundamental value of the person-centered therapist is to honor and preserve the client's autonomy and choice. In this book, Dr. Cain presents and explores person-centered psychotherapy, its theory, history, therapy process, primary change mechanisms, the empirical basis for its effectiveness, and contemporary developments that have refined theory and expanded how it may be practiced. In recent years dialogical, experiential, existential and expressive-creative influences have been integrated in practice. This essential primer, amply illustrated with case examples featuring diverse clients, is perfect for graduate students studying theories of therapy and counseling as well as for seasoned practitioners interested in understanding how it has evolved in recent decades.

**The Carl Rogers Reader**-Carl Ransom Rogers 1989 Selected from a body of Rogers' work, essays deal with his approach to psychotherapy, theory and research, and philosophies.

**Carl Rogers Counsels a Black Client**-Roy Moodley 2004 Investigates issues of race and culture through the analysis of one of Rogers' own demonstration films. The film shows a young black man in a state of remission from leukaemia, in therapy with Carl Rogers. The analyses offered in the chapters of this books are all ultimately concerned with multicultural and diversity issues in counselling and psychotherapy.

**Human Behavior Theory and Social Work Practice**-Roberta R. Greene 2011-12-31 Human Behavior Theory and Social Work Practice remains a foundation work for those interested in the practice and teaching of social work. Roberta Greene covers theoretical areas and individual theorists including classical psychoanalytic thought, Eriksonian theory, Carl Rogers, cognitive theory, systems theory, ecological perspectives, social construction, feminism, and genetics. She discusses the historical context, its philosophical roots, and major assumptions of each theory. The general theme, which distinguishes this volume, is that the person-in-environment perspective has been a central influence in the formation of the profession's knowledge base, as well as its approach to practice. Greene provides perspective on how individuals and social systems interact. This book examines how social workers can use theory to shape social work practice by increasing his or her understanding of and potential for enhancing human well-being. Greene covers the relationship between human behavior theory and professional social work practice. She also explores the challenges and limitations of each theory and addresses the following issues: how the theory serves as a framework for social work practice; how the theory lends itself to an understanding of individual, family, group, community, or organizational behavior; what the implications are of the theory for social work interventions or practice strategies; and what role it proposes for the social worker as a change agent. Throughout the profession's history, social workers have turned to a number of theoretical approaches for the organizing concepts needed to define their practice base. The aims of social work--to improve societal conditions and to enhance social functioning of and between individuals, families, and groups--are put into action across all fields of practice and realized through a variety of methods in a range of settings. This third edition, completely revised, represents a fundamental contribution to the field, and like its predecessors, will be widely used as a basic text.

**Counseling and Psychotherapy**-Carl R. Rogers 2008-11 Originally published in 1897, this early works is a fascinating novel of the period and still an interesting read today. Contents include; The function of Latin, Chansons De Geste, The Matter of Britain, Antiquity in Romance, The making of English and the settlement of European Prosody, Middle High German Poetry, The 'Fox, ' The 'Rose, ' and the minor Contributions of France, Icelandic and Provençal, The Literature of the Peninsulas, and Conclusion..... Many of the earliest books, particularly those dating back to the 1900's and before, are now extremely scarce and increasingly expensive. We

are republishing these classic works in affordable, high quality, modern editions, using the original text and artwor

**Counseling and Psychotherapy Theories in Context and Practice**-John Sommers-Flanagan 2015-05-20 Apply the major psychotherapy theories into practice with this comprehensive text Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos—each one covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, Counseling and Psychotherapy Theories in Context and Practice is an illuminating text with outstanding practical value.

**The Handbook of Person-Centred Psychotherapy and Counselling**-Mick Cooper 2013-05-31 Building on the success of the first edition, this substantially revised and extended new edition is set to remain the most in-depth and wide-ranging book available on person-centred psychotherapy and counselling. The book is thoroughly updated to reflect the latest trends in theory and practice: • It extends its coverage of professional settings and applications, including brand new chapters on children, older people, arts-based therapies, addiction and bereavement. • It engages systematically with urgent contemporary issues, such as evidence-based practice, political and medical discourses, and theoretical integration. • It uses case illustrations, therapist-client dialogues, points of reflection and further resources to bring person-centred therapy to life for the reader, in a user-friendly way. • It includes contributions by an increasingly extensive group of writers, thinkers, teachers and practitioners.

**Client Centered Therapy (New Ed)**-Carl Rogers 2012-03-01 Presenting the non-directive and related points of view in counselling and therapy, this book defines the progress recently made in the development of the techniques and basic philosophy of counselling.

**Person-Centred Counselling Psychology**-Ewan Gillon 2007-06-18 'Not only is this the first key text on person-centred counselling psychology, but one of the best introductions to the approach. Gillon combines an in-depth understanding of the person-centred field with a highly accessible writing style to produce a book that will be of enormous value to anyone wanting to practice person-centred therapy. Essential reading for trainee and practising counselling psychologists with an interest in the person-centred approach and highly recommended for counsellors and psychotherapists of all orientations' - Mick Cooper, Professor of Counselling, Counselling Unit, University of Strathclyde Person-Centred Counselling Psychology: An Introduction is an introduction to the philosophy, theory and practice of the person-centred approach. Focusing on the psychological underpinnings of the approach, Ewan Gillon describes the theory of personality on which it is based and the nature of the therapeutic which is characterised by o unconditional positive regard o empathy o congruence. The book shows how the person-centred approach relates to others within counselling psychology and to contemporary practices in mental health generally. It also gives guidance to readers on the approach's research tradition as well as considering key issues for those wishing to train and work as a person-centred practitioner. As such, it is designed

to be an applied, accessible text, providing a dialogue between the psychological basis of person-centred therapy and its application within the real world. As well as psychology students, it will be of interest to those from other disciplines, counselling trainees, those within the caring professions, and person-centred therapists from a non-psychological background. Ewan Gillon is Director of The Edinburgh Psychology Centre and Lecturer in Counselling Psychology at Glasgow Caledonian University.

**Interdisciplinary Handbook of the Person-Centered Approach**-Jeffrey H. D. Cornelius-White 2013-06-04 This book examines the scientific contribution and increasing relevance of the Person-Centered Approach (PCA) in psychotherapy. The direction taken in the book is to provide readers with a multidisciplinary and multi-perspective view as well as practical applications. Beyond the more conventional psychotherapy applications (client-centered, experimental, emotion-focused, child-centered, motivational interviewing, existential, filial, etc.) others have evolved including peace and conflict resolution work, encounter and T-groups, nonviolent communication, parent effectiveness training, person-centered planning for people with disabilities, relationship enhancement methods, learner-centered education, technology-enhanced learning environments, human relations leadership training, etc. Simultaneously, scientific disciplines were influenced by this perspective in less obvious ways. Hence, the major contribution of this book is to identify and characterize the key bridges-so far only partly recognized- between the PCA and several other disciplines. Based on the results of the bridge-building endeavor, the editors will propose an initial formulation of the PCA as a meta-theory. It is intended as a generic framework to solve complex, social problems and to stimulate further research and development concerning the human species in relationship to its environment.

**Becoming Myself**-Irvin D. Yalom 2017-10-03 Bestselling writer and psychotherapist Irvin D. Yalom puts himself on the couch in a lapidary memoir Irvin D. Yalom has made a career of investigating the lives of others. In this profound memoir, he turns his writing and his therapeutic eye on himself. He opens his story with a nightmare: He is twelve, and is riding his bike past the home of an acne-scarred girl. Like every morning, he calls out, hoping to befriend her, "Hello Measles!" But in his dream, the girl's father makes Yalom understand that his daily greeting had hurt her. For Yalom, this was the birth of empathy; he would not forget the lesson. As *Becoming Myself* unfolds, we see the birth of the insightful thinker whose books have been a beacon to so many. This is not simply a man's life story, Yalom's reflections on his life and development are an invitation for us to reflect on the origins of our own selves and the meanings of our lives.

**Person-centred Nursing**-Brendan McCormack 2011-06-09 The concept of 'person-centredness' has become established in approaches to the delivery of healthcare, particularly with nursing, and is embedded in many international healthcare policy frameworks and strategic plans. This book explores person-centred nursing using a framework that has been derived from research and practice. Person-centred Nursing is a theoretically rigorous and practically applied text that aims to increase nurses' understanding of the principles and practices of person-centred nursing in a multiprofessional context. It advances new understandings of person-centred nursing concepts and theories through the presentation of an inductively derived and tested framework for person-centred nursing. In addition it explores a variety of strategies for developing person-centred nursing and presents case examples of the concept in action. This is a practical resource for all nurses who want to develop person-centred ways of working.

**Revising the Person-Centered Approach**-D. William Bower 2011-03-02 The person-centered approach to counseling, psychotherapy, and education is about openness to change. This book is about encouraging change in the person-centered approach. A good theory and practice has to be flexible enough to allow a new generation to put its own slants on it. This work seeks to question the jargon of the approach such as unconditional positive regard, nondirectiveness, and nonjudgmentalness. However, it also offers replacements to those terms. It is also about hoping other thinkers and practitioners in the discipline will present their own ideas and thoughts about what it means to be person-centered, while being within the domain of what has come to be called Rogerian.

**Carl Rogers**-Brian Thorne 2012-11-13 As founder of the person-centred approach, Carl Rogers (1902-1987) is

arguably the most influential psychologist and psychotherapist of the 20th century. This book provides unique insights into his life and a clear explanation of his major theoretical ideas. This Third Edition is co-authored by Brian Thorne and Pete Sanders, leading person-centred practitioners and bestselling authors. Pete Sanders contributes a new chapter on "The Ongoing Influence of Carl Rogers", covering topics such as research, the emerging tribes in person-centred tradition, and its interaction with the medical profession. Brian Thorne draws on his experience of having known and worked with Rogers to beautifully describe the way in which Rogers worked with clients and from that, to draw out the practical implications of what is, in effect, a functional philosophy of human growth and relationships. In the twenty years since the first edition of Carl Rogers appeared, the book has continued to provide an accessible introduction for all practitioners and students of the person-centred approach.

**The Oxford Handbook of Psychotherapy Ethics**-Manuel Trachsel 2021-08-20 The Oxford Handbook of Psychotherapy Ethics explores a whole range of ethical issues in the heterogeneous field of psychotherapy. It will be an essential book for psychotherapists in clinical practice and valuable for those professionals providing mental health services beyond psychology and medicine, including counsellors and social workers

**Person-Centred Therapy**-Paul Wilkins 2015-12-14 Person-centred therapy, rooted in the experience and ideas of the eminent psychotherapist Carl Rogers, is widely practised in the UK and throughout the world. It has applications in health and social care, the voluntary sector and is relevant to work with people who are severely mentally and emotionally distressed. As well as being a valuable sourcebook and offering a comprehensive overview, this edition includes updated references and a new section on recent developments and advances. The book begins with a consideration of the principles and philosophy underpinning person-centred therapy before moving to a comprehensive discussion of the classical theory upon which practice is based. Further areas of discussion include: The model of the person, including the origins of mental and emotional distress The process of constructive change A review of revisions of and additions to person-centred theory Child development, styles of processing and configurations of self The quality of presence and working at relational depth Criticisms of the approach are addressed and rebutted and the application of theory to practice is discussed. The new final section is concerned with advances and developments in theory and practice including: Counselling for Depression The Social Dimension to Person-Centred Therapy Person-Centred Practice with People experiencing Severe and Enduring Distress and at the 'Difficult Edge' A Review of Research Throughout the book, attention is drawn to the wider person-centred literature to which it is a valuable key. Person-Centred Therapy will be of particular use to students, scholars and practitioners of person-centred therapy as well as to anyone who wants to know more about one of the major psychotherapeutic modalities.

**The Person-Centred Approach**-Louise Embleton Tudor 2004-03-08 In this essential text, the highly regarded Temenos team present a new introduction to the person-centred approach for the Twenty-first-century. Giving a broad and unbiased account, they illustrate how the approach has developed since the death of Carl Rogers and explore how the person-centred philosophy can be an effective working model for both counselling and psychotherapy and for understanding, living and working in a complex contemporary world. The Person-Centred Approach is essential reading for trainees, whether new to counselling or more experienced, and is a vital resource for practitioners wishing to keep at the forefront of the latest developments in the field.

**Art Therapy Theories**-Susan Hogan 2015-12-22 Art therapists work with a range of distinct philosophical and theoretical underpinnings, but as yet there has been no single book to offer an overview of these theories. *Art Therapy Theories* provides an introductory, non-partisan overview of art therapy theories outlining the following therapy approaches: Cognitive Behavioural Art Therapy Solution-Focused Brief Therapy Psychoanalytical (Freudian) Art Therapy Analytical (Jungian) Art Therapy Gestalt Art Therapy Person-Centred or 'Rogerian' Art Therapy Mindfulness Art Therapy Integrative Art Therapy (the Group-Interactive Model) Feminist Art Therapy Art Therapy as Social Action Art Therapy as a Research Tool Each chapter provides a non-judgemental, yet analytical, synopsis of each approach. No detailed knowledge is necessary to understand the different approaches, as the book explains them in clear and concise English. Difficult terms and concepts are explained as they arise, and a glossary of terms is also provided. *Art Therapy Theories* is aimed at trainee art therapists who need to

demonstrate that they have a grasp of theory, as well as a sense of how the theory can translate into practice. It will also appeal to seasoned therapists, counsellors and to a wide range of professionals in the mental health field.